



**Clinical Commissioning Group**

## Extra weekday evening and weekend GP appointments

If you are registered with a GP practice in Enfield, (or resident in Enfield but have yet to register with an Enfield GP practice), you can now benefit from an appointment with a GP, or other healthcare professional, on weekday evenings, weekends and bank holidays at our new primary care access hub.

Urgent and routine appointments, either same day or pre-bookable, are available from 6.30pm to 8pm Monday to Friday and 8am to 8pm weekends and bank holidays.

### Booking is easy:

- Contact your GP practice in the usual way and ask for a weekday evening or weekend appointment, or
- Call the primary care access hub direct on 03000 333 666

### Opening times:

Mondays to Fridays:  
6.30 pm - 8.00 pm  
Weekends and bank holidays:  
8.00 am - 8.00 pm

### Primary care access hub location:

**Evergreen Primary Care Centre**  
1 Smythe Close,  
Edmonton N9 0TW

Please note, this is not a walk-in service. You will need to book an appointment either via your GP practice or by calling 0300 333 666.

Further access hubs will launch in January 2017. More details coming soon.

### Ask your pharmacist

Pharmacists can give you expert advice on a wide range of long-term conditions and common illnesses such as coughs, colds and stomach upsets. You don't need an appointment and many pharmacies have private consultation areas, so they are a good first port of call. Your pharmacist will say if you need further medical attention.

### Self-care

Most common winter ailments, such as cold, sore throat, cough, sinusitis or painful middle ear infection (earache), should not be treated with antibiotics as a first choice. Your pharmacist can advise you on which medicines you should have in your cabinet, to help get you and your family through the winter season.

**Remember:**  
A&E is for life threatening illnesses only. Call NHS111 if you need medical help fast but it's not a 999 emergency.